

Ady visits Early Years Childcare



Ady visited a number of **Early Years Childcare** nurseries in February and March, and talked to children about the importance of healthy eating and a balanced diet. Bringing a number of fresh local sea creatures with him, the children had the chance to touch and hold the different kinds of fish and seafood, and find out why they can be an important part of a balanced diet.

In the afternoons Ady ran pasta making sessions with the children, and in the evenings he gave a staff training session at each nursery he visited. The aim of the training was to refresh the staff's ideas on food, and how to engage the children in all aspects of it. Encouraging them to experiment, explore and see it as something to get excited about.

Ady was particularly impressed with the staff at the Early Years Childcare nurseries saying, "I have spent the last four years working with staff in early years settings all over the country and my time spent working with, and training Early Years Childcare staff has been some of the best and most productive.

100% attendance for all the training sessions, coupled with a real passion and commitment for the children in their care. This shone through and made for a fantastic training programme."

Early Years Childcare operate 10 nurseries across Sussex, Hampshire and south east London, and have an established reputation for providing high quality childcare for over 20 years.

